

# FOOD SOVEREIGNTY AND NUTRITION EDUCATION





## CUBAN FOOD SOVEREIGNTY AND NUTRITION EDUCATION PLAN

"The nation's capacity to sustainably produce food and provide population-wide access to a sufficient, diverse, balanced, and healthy nourishment; reducing external media and supplies dependency, with respect for cultural diversity and environmental responsibilities."









## CUBAN FOOD SOVEREIGNTY IS BASED IN FOUR STRATEGIC THEMATIC AXES

Decreased dependency of food and supplies imports.

Ensured quality and safety and decreased food losses and wastes.

FOOD SOVEREIGNTY

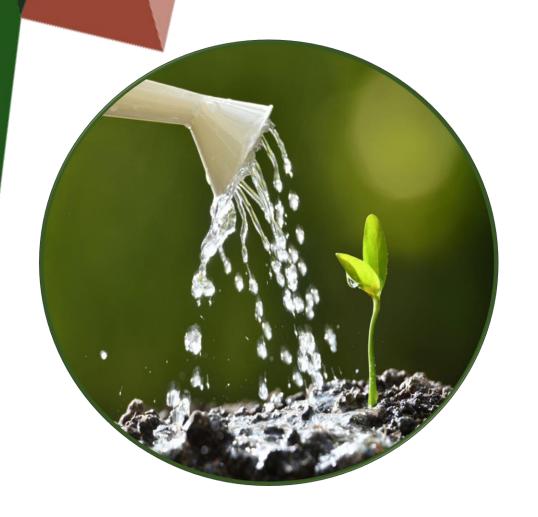
Consolidated local food systems.

Mobilized education, culture and communication systems to reinforce food and nutrition education.









- 1. Development Projects:
- Soil protection.
- Efficient use of water.
- Obtention and multiplication of certified seeds.
- Vegetal and animal food production.
- · Commercialization.

- 2. Integral community projects in municipalities:
- Food self supply.
- Nutrition education.
- Women and girls' empowering through food obtention, transformation and commercialization activities.









- 3. Projects for:
- Waste recycling and organic fertilizer production at small and medium scale.
- 4. Community projects for:
- Small scale food transformation and commercialization, both in duly certified mini industries and family micro industries.





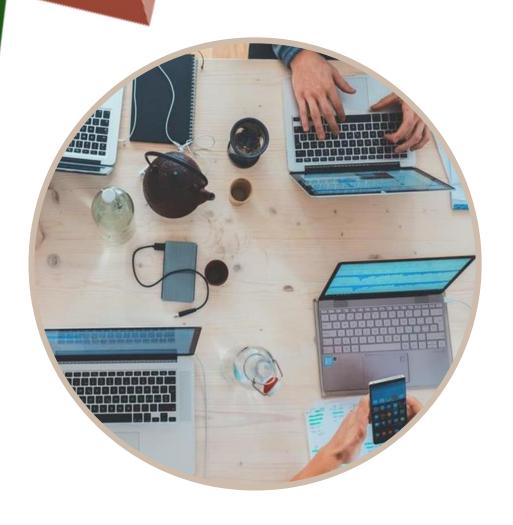
#### 5. Programs for:

 Skill formation in all branches of production, transformation, commercialization, support and services in municipalities and communities.









- 6. IT & Communication Programs for:
- Divulging good practices in food production, transformation and commercialization.
- Interactive and informative web sites.





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