

# FOSTERING A GROWTH MINDSET FOR WOMENPRENEURS

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#### **GROWTH MINDSET - WHAT IS IT?**

- "...the view you adopt for yourself profoundly affects the way you lead your life" Dr. Carol S. Dweck
  - o Subconscious vs. conscious
  - o Growth vs. Fixed Mindset
    - > "Think this, not that" Mel Robbins (use of language)
    - ➤ "Your personality creates your personal reality" – Dr. Joe Dispenza



## BUSINESS IDEA FROM VALUE-ADDED PERSPECTIVE



- Unprecedented time of uncertainty
- Coming from a place of service
- Revisiting scope of products/services from value-added perspective



#### CATERING TO PHYSICAL DISTANCING

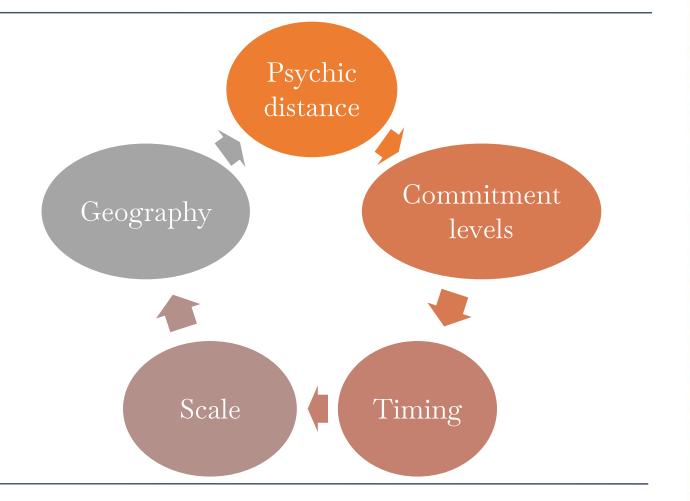
- Physical distancing vs. emotional & mental distancing
- Innovative product/service delivery channels
- Leadering through uncertainty
  - o Fostering connectivity
  - Harboring positivity
  - o Displaying transparency

#### FOSTERING COLLABORATIONS



#### Capitalizing on:

- Experiential knowledge
- Networks
- Firm specific advantages
- Country specific advantages



### PLANNING FOR FUTURE GROWTH

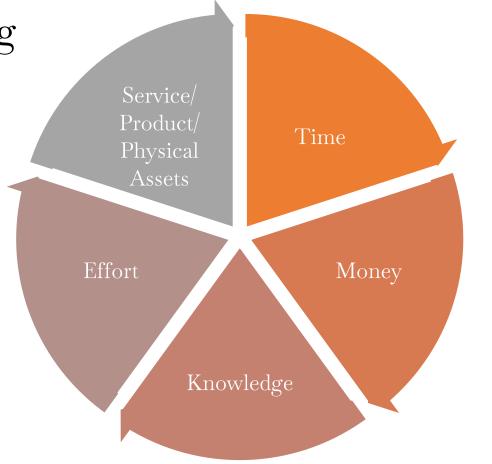


• Selecting the fitting decision-making logic

o Effectuation (means given)

VS.

o Causation (effect given)



#### VISUALIZATION EXERCISE



- Ask yourself:
  - o Where do I want to be?
  - o What do I want to achieve?
  - o How do I want to feel?
- Engage your imagination and begin to visualize your desired outcome. Tap into your senses
  - o What does your ideal outcome look like?
  - o Smell like?
  - o Feel like?
  - o Sound like?

#### **CLOSING WORDS**



You can look back and say, "I could have been...," polishing your unused endowments like trophies.

Or you can look back and say, "I gave my all for the things I valued." Think about what you want to look back and say.

Then choose your mindset.

Mindset - Dr. Carol S. Dweck





Together... In business and in health.









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