



## Thai-German Technology Conference Energy Efficiency in Buildings 2016

iproplan®

# Energy Efficiency and Sustainability of Buildings in Planning Practice



Dr.-Eng. Saad Baradiy  
Dipl.-Eng. Architect Thomas Gross

07<sup>th</sup> March 2016 / Bangkok

*full of fresh* ideas



EE

## Energy Efficiency & Sustainability in Planning Practice

a

iproplan® - Who we are

b

iproplan® - Our services

c

State of technology in Germany



**EE**

## Energy Efficiency & Sustainability in Planning Practice

**a**

**iproplan<sup>®</sup> - Who we are**

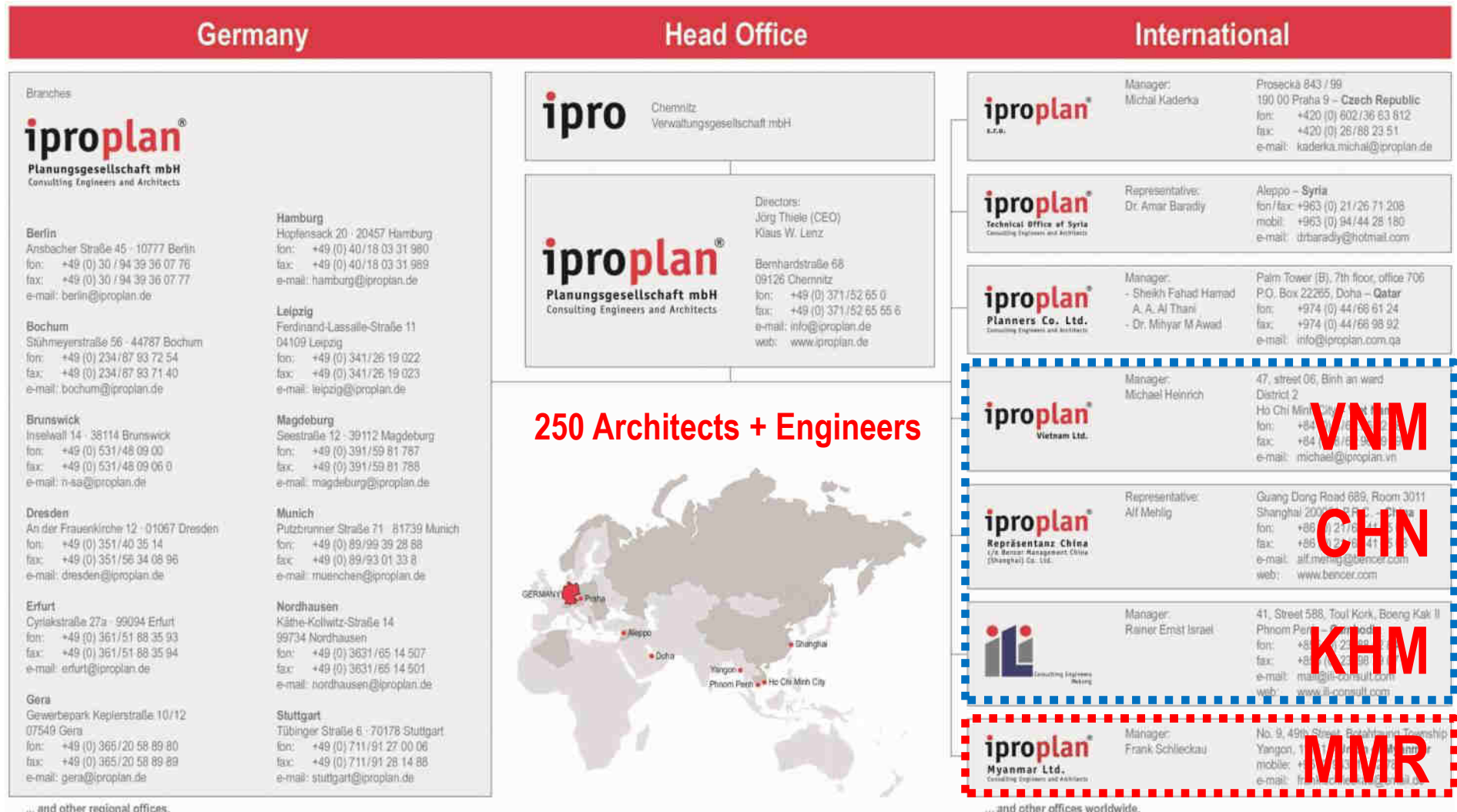
**b**

**iproplan<sup>®</sup> - Our services**

**c**

**State of technology in Germany**

# Company Structure



250 Architects + Engineers



VNM

CHN

KHM

MMR

... and other offices worldwide.

# Consultancy Services



Business Sectors			
Departments		Specialist Technical Services	
Architecture/Landscape Architecture Dirk Fellendorf	HVAC & R Engineering/ Plumbing Engineering Gunnar Fiedler	Structural Engineering/Bridge Engineering Andreas Stiller	Building Condition Surveys/ Fire Protection Engineering Bernd Drechsel Ph.D. (public appointed and attests expert) Regina Kern
Real Estate Consulting Danny Krenn	Electrical Engineering/Electromechanical Engineering/Building Automation Frank Uhlig	Transportation and Highway Engineering/ Railway Engineering/Utilities Engineering/ Hydraulic Engineering Peter Bloi	Building Engineering Physics/ Energy Performance Simulation Saad Baqir Ph.D. (public appointed and attests expert)
Construction Management/Project Management Brian Fassler			Occupational Health and Safety Engineering Uwe Brösel
			Hazardous Waste Engineering/Environ- mental Due-Diligence Audits/Geotechnical Engineering/Hydrogeological Engineering Michael Höft
			Noise Pollution Prevention/ Air Pollution Prognosis Ina Heyer

**Architect**  
**Life cycle**

**HVAC+P**  
**Elt+BA**

**BP+EE+S**

**General Planners - Holistic planning approach**  
**„All services from one source“**

International Department	Karsten Sengewald	<b>Thomas Gross</b>
Central Support	Jörg Thiele	
Corporate Communication	Tina Eichholz	
Quality Management ISO 9001: 2008	Jörg Thiele	

Senior Management: Jörg Thiele (CEO) · Klaus Lenz



[www.iproplan.de](http://www.iproplan.de)

# Team Dr Saad Baradyi



## Engineering Services

(for holistic building design)

- Building Physics
- Energy Efficiency
- Sustainability

## Training National & International

(BPh, EnEf, Sustainability, e.g. UAE, Vietnam, Egypt, Saudi Arabia, etc.)

## Agendas for developing EE strategies and policies

(for building sector, e.g. Maghreb, Syria, Jordan, Qatar, Algeria, etc.)

## Development of sustainable rating systems

(e.g. Green Pyramid Rating System for Hotels in Egypt)



EE

## Energy Efficiency & Sustainability in Planning Practice

a

iproplan® - Who we are

b

**iproplan®** - Our services

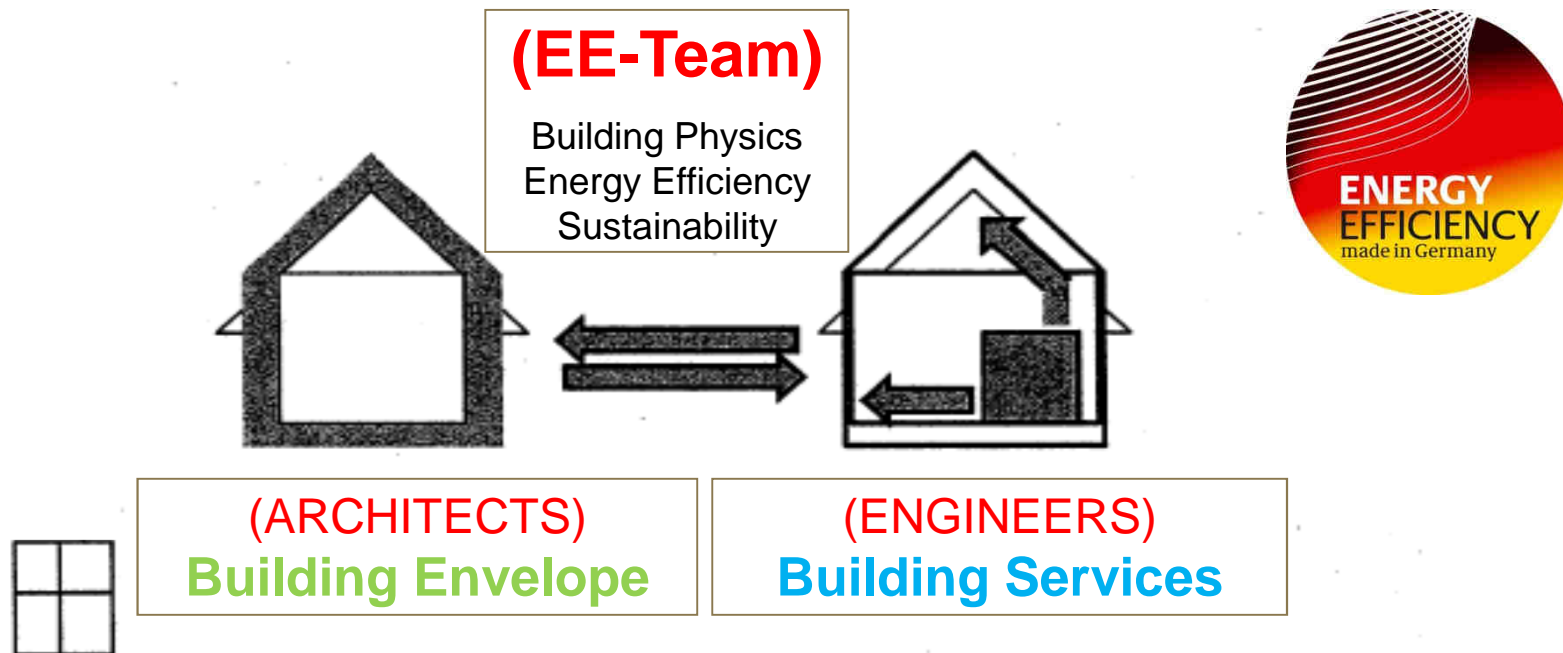
c

State of technology in Germany

# Philosophy & Objective of good EE-design



## Optimized interaction of **passive** & **active** components



Quelle: Hegger, Energie Atlas

Quelle: Manfred Hegger u. a., FG ee

DGNB

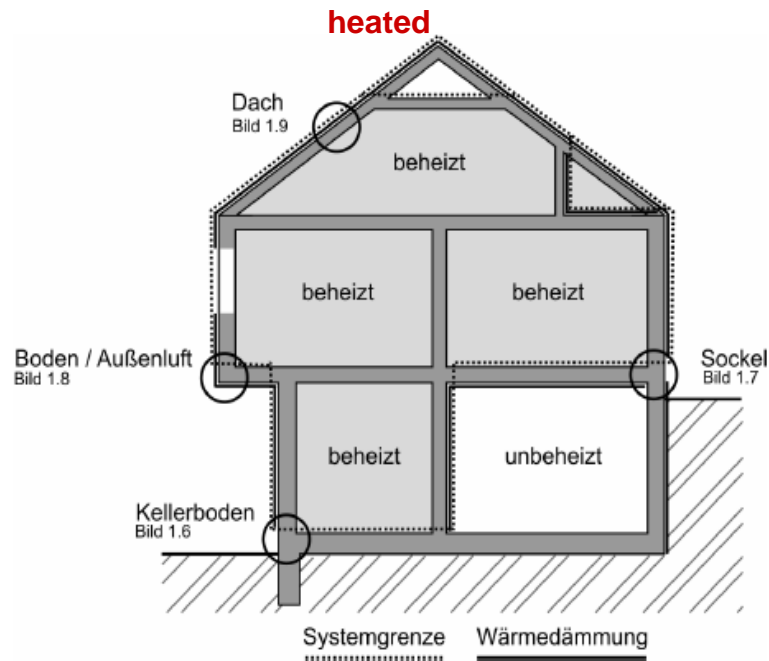
© DGNB 2009 | 8

# Building envelope



## Thermal envelope / Passive components

Building geometry (DIN 18599 DIN EN ISO 13789)

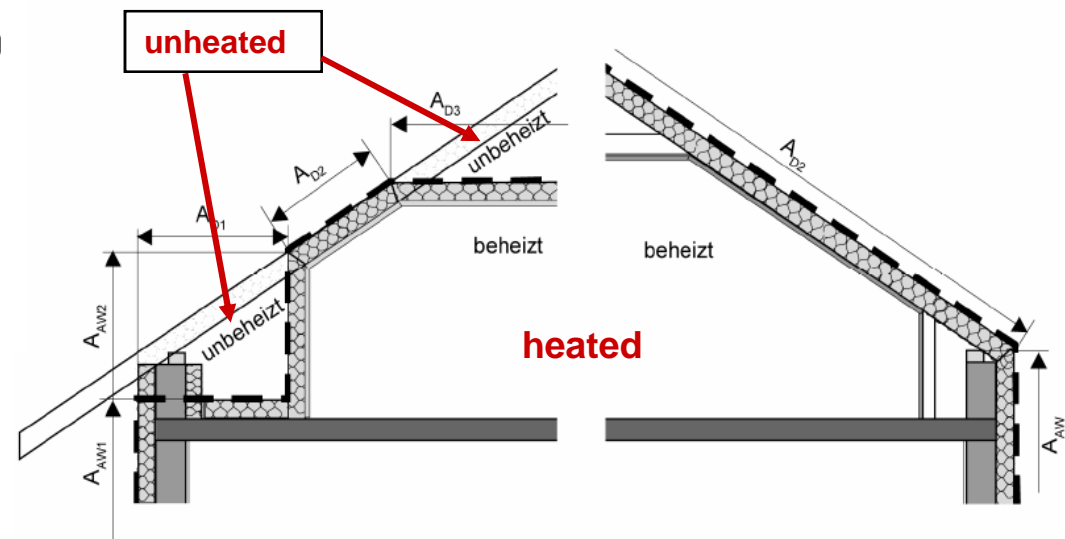


Grey areas “heated zones or heated areas”

White areas “unheated zones or unheated areas”

Normally heated rooms / zones ( $\theta_i \geq 19 \text{ °C}$ )

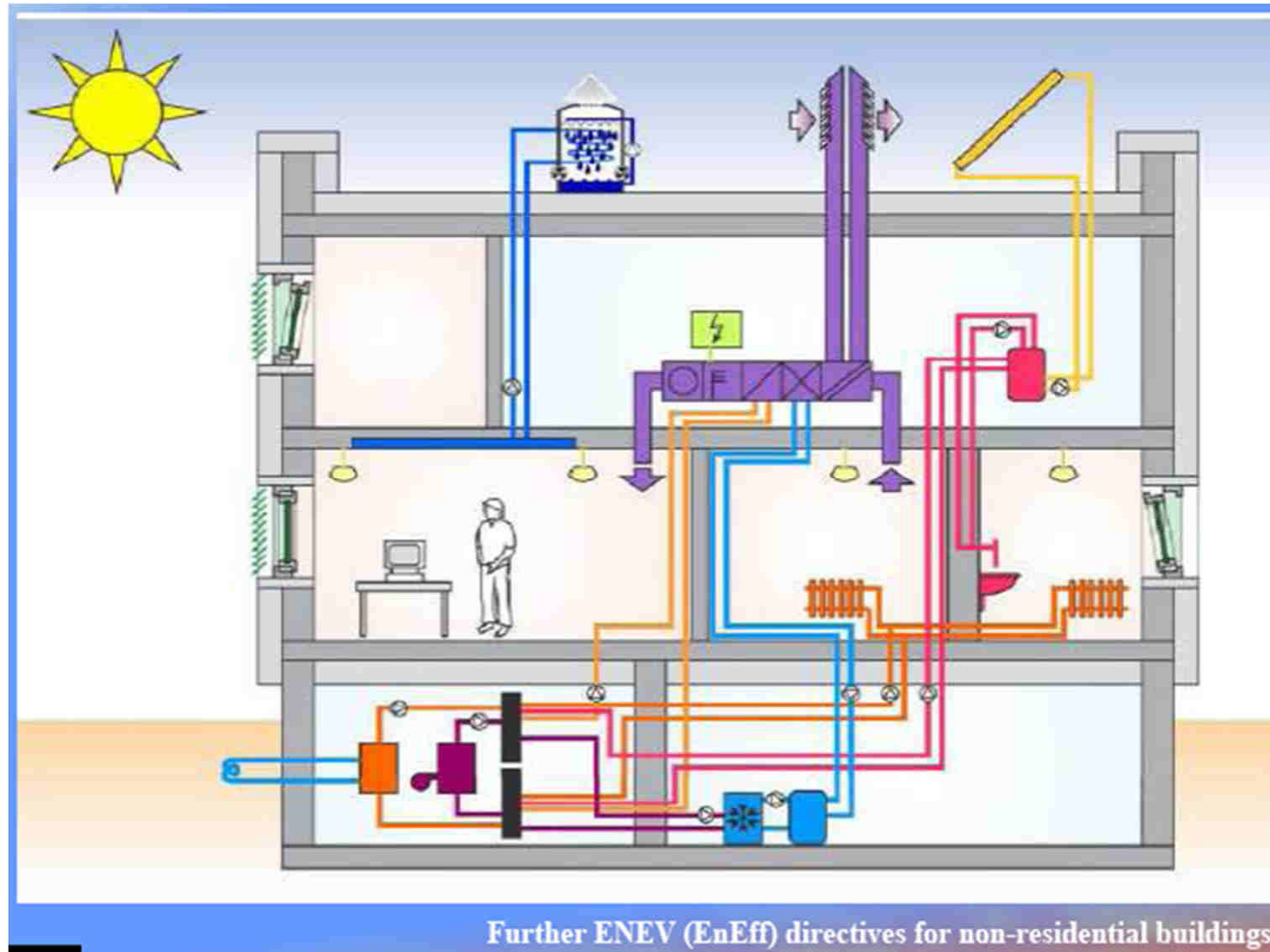
Low temperatures heated rooms / zones ( $12 \text{ °C} \geq \theta_i < 19 \text{ °C}$ )



# Building services



## Thermal building services / active components

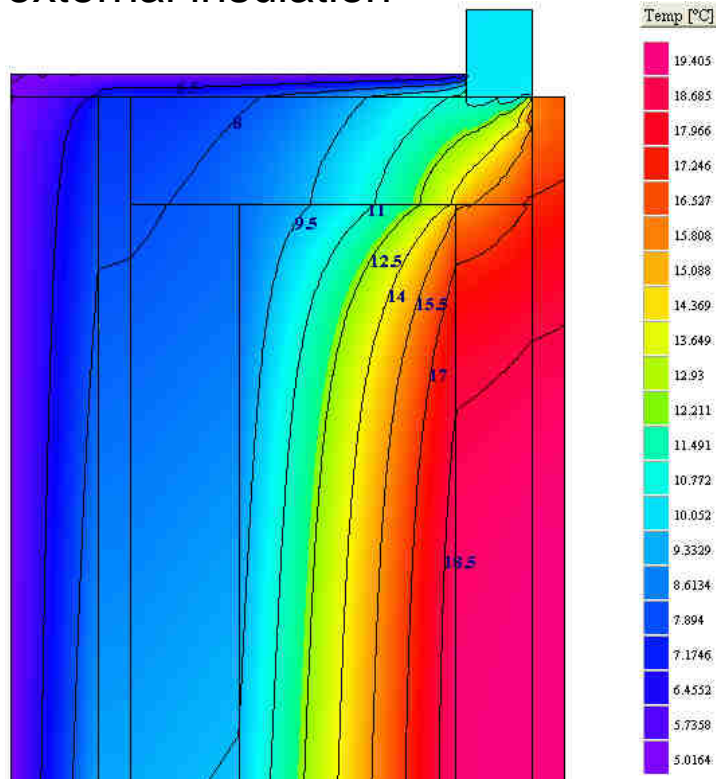


# Thermal bridge simulation - building envelope

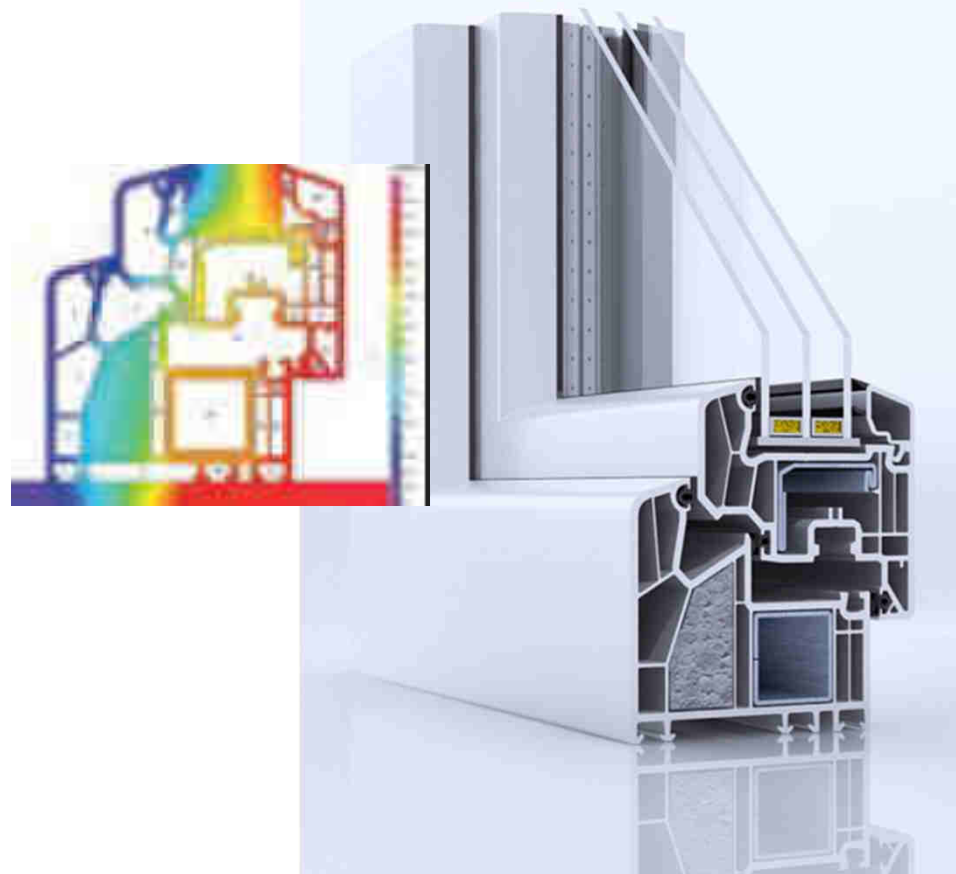


## Exemplary thermal engineering improvements

Thermal improvement /  
renovation of the envelope:  
Wall core insulation plus  
external insulation



Analysis by simulation:  
Window frame & wall connection zone



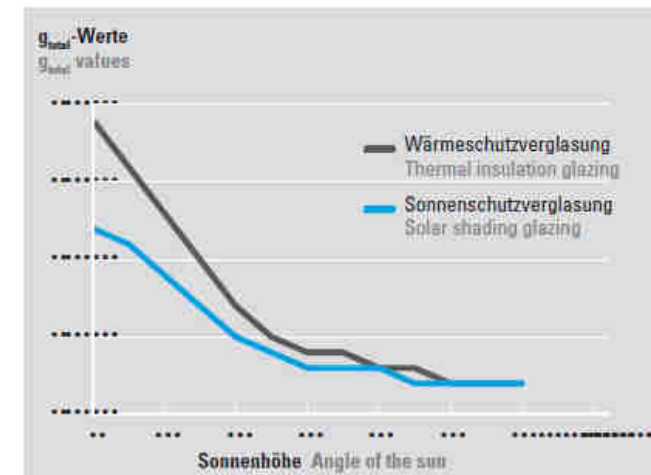
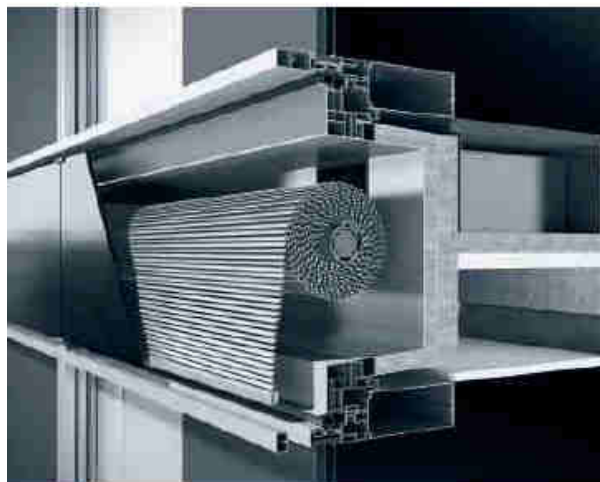
# Sun protection external - building envelope



## Exemplary thermal engineering improvements

Thermal improvement and renovation of the envelope:  
Sun protection with external reference

Winter: high solar win inactive (active solar protection)  
Summer: reducing solar load (active solar protection)



# Energy Performance Certificates



**Energy certificate for residential buildings**

According to the Directive 2010/31/EU

**Building** ☐ new ☐ existing

Type and name of building  
Cadastral plot/cadastral municipality  
Address  
Place  
Owner / Investor  
Contractor  
Year of construction

$Q_{H,nd,ref}$  kWh/(m<sup>2</sup>·a) **Calculation**  
49

A+	≤ 15
A	≤ 25
B	≤ 50
C	≤ 100
D	≤ 150
E	≤ 200
F	≤ 250
G	> 250

**Information about the certifier**

Accredited physical entity  
Accredited legal person  
Designated person  
Registration number  
Certificate number  
Date of issue/validity  
Signature

**Information about the building**

$A_{E,ref}$  [m<sup>2</sup>]  
 $V_{E,ref}$  [m<sup>3</sup>]  
 $\xi_{E,ref}$  [m<sup>2</sup>]  
 $H_{E,ref}$  [W/(m<sup>2</sup>·K)]

## Energy performance certificates

Table 2: Energy Classes in EPCs.

	Residential buildings	Non-residential buildings
Energy class	$Q_{H,nd,ref}$ -specific annual energy need for heating in kWh/(m <sup>2</sup> ·year)	$Q_{H,nd,rel}$ -relative value of annual energy needs for heating in %
A+	≤ 15	≤ 15
A	≤ 25	≤ 25
B	≤ 50	≤ 50
C	≤ 100	≤ 100
D	≤ 150	≤ 150
E	≤ 200	≤ 200
F	≤ 250	≤ 250
G	> 250	> 250

# The German Sustainable Building Certificate (DGNB)



## DGNB - Clear Topics

- Ecological Quality
- Economical Quality
- Socio-cultural and Functional Quality
- Technical Quality
- Quality of the Process
- Quality of the Location



The benchmarks for awarding the certificate are orientated


- on the current state-of-the-art
- on an integral planning statement
- including the aims of sustainable construction



**> 50 Criteria ; influence of Energy and Energy Efficiency > 25 Criteria**

# The First Engine Factory in the world with “DGNB Certificate”



**DGNB VORZERTIFIKAT**



Objekt	Objektbeschreibung	Werkzeugprofil
Volkswagen Sachsen GmbH, Chemnitz-Stadt 100 Kaufhalle A7 09120 Chemnitz	Auszeichnung Gold Gesamterfüllungswert 82,3 % Gesamtpunkte 1 A2	Neues Industrielaufwerk, Version 2012
Bauherr:	Architekt (Entwurf):	Auditor
Volkswagen Sachsen GmbH, Mercedes-Benz Chemnitz	Volkswagen AG	Dr. Saad Baradiy Iproplan-P-gmbh
Gutachter:	Aussteller:	
Dieses Urkunde ist gültig bis zur Fertigstellung des Projektes	Prof. Dr. sc. oec. Manfred Heger DGNB Präsident 	Dr. Christine Lenz DGNB Geschäftsführerin 



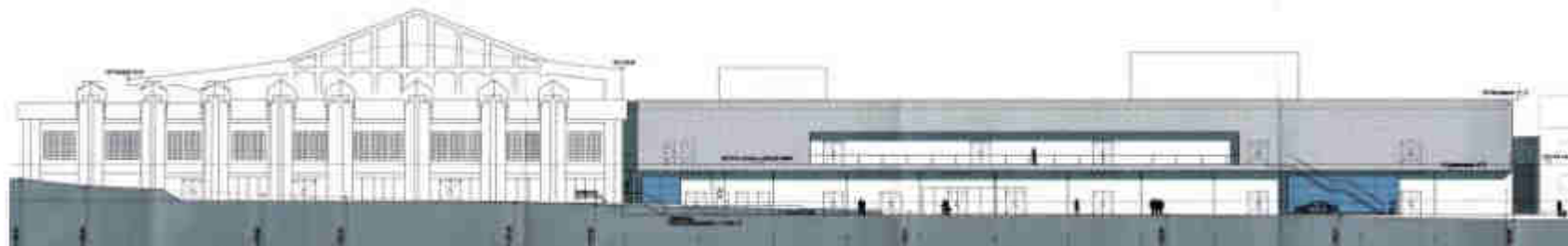
**Auditor**

Dr. Saad Baradiy  
Iproplan-P-gmbh

# Sustainability in the practice - certified objects



## Industry: Airport Leipzig- Halle



## Shopping Mall: Fachmarktzentrum Fulda

## Health Care: Rehabilitation Clinic, Medical Centre in Schleswig





## Engineering Services from EE team - Dr Saad Baradyi

- Thermal Building Simulation
- Computational Fluid Dynamics
- Daylight Simulation
- Thermal Bridge Simulation
- Acoustic Simulation
- Other consultancy to Building Physics and Energy Efficiency
- Energy performance certificates
- Consulting to and Certification of sustainable projects/objects according to German DGNB, or to LEED



## **“All services from one source” – the holistic approach**

- Architecture
- Infrastructure
- Civil and Structural Engineering
- Building Services
- Landscaping, Urban and Regional Planning
- **Building Physics – Energy Efficiency – Sustainability**
- Construction Management – Project Management
- Real Estate Consulting
- Evaluations and special Services

# Services of iproplan® to whom ?!?



- **Ministries, Universities, Local Governments (Building sector)**
  - EE relevant trainings, conferences, workshops
  - Developing EE strategies and policies
  - Development of sustainable rating systems
- **Local Governments (Building sector)**
  - Energie efficient rehabilitation of public buildings (schools, hospitals, offices, etc. )
  - Certification of buildings and Quarters (LEED and DGNB)
- **Private investors, operators (health care, hotels, commercial & industrial)**
  - EE-holistic Architectural Design & Engineering
  - Project & Construction Management
  - Energy Audits, Monitoring, special EE services
  - Energie efficient rehabilitations

EE

## Energy Efficiency & Sustainability in Planning Practice

a

iproplan® - Who we are

b

**iproplan®** - Our services - the sample MeTeOr

c

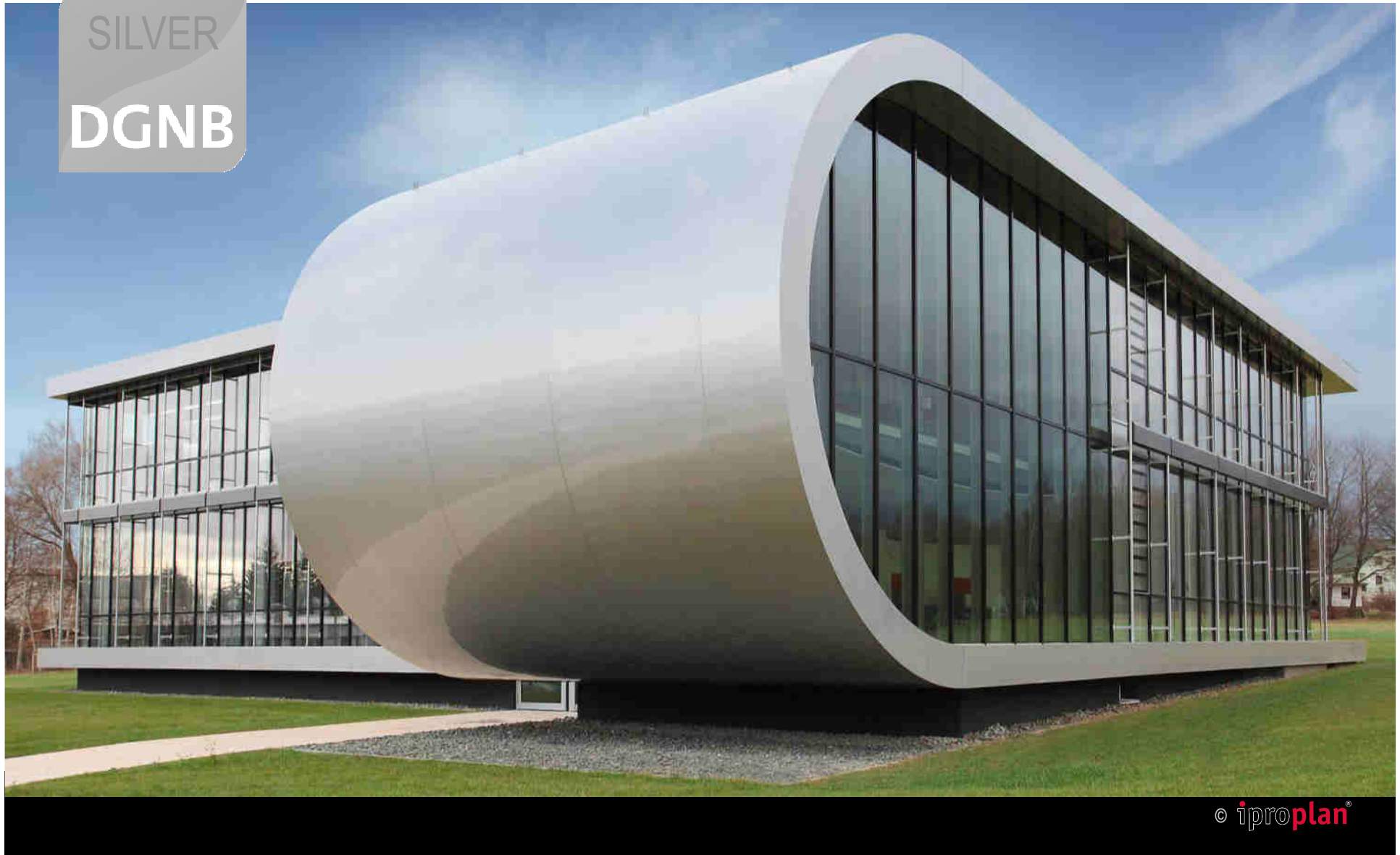
State of technology in Germany

# Energy Efficiency in Practice



Projekthaus MeTeOr, TU Chemnitz

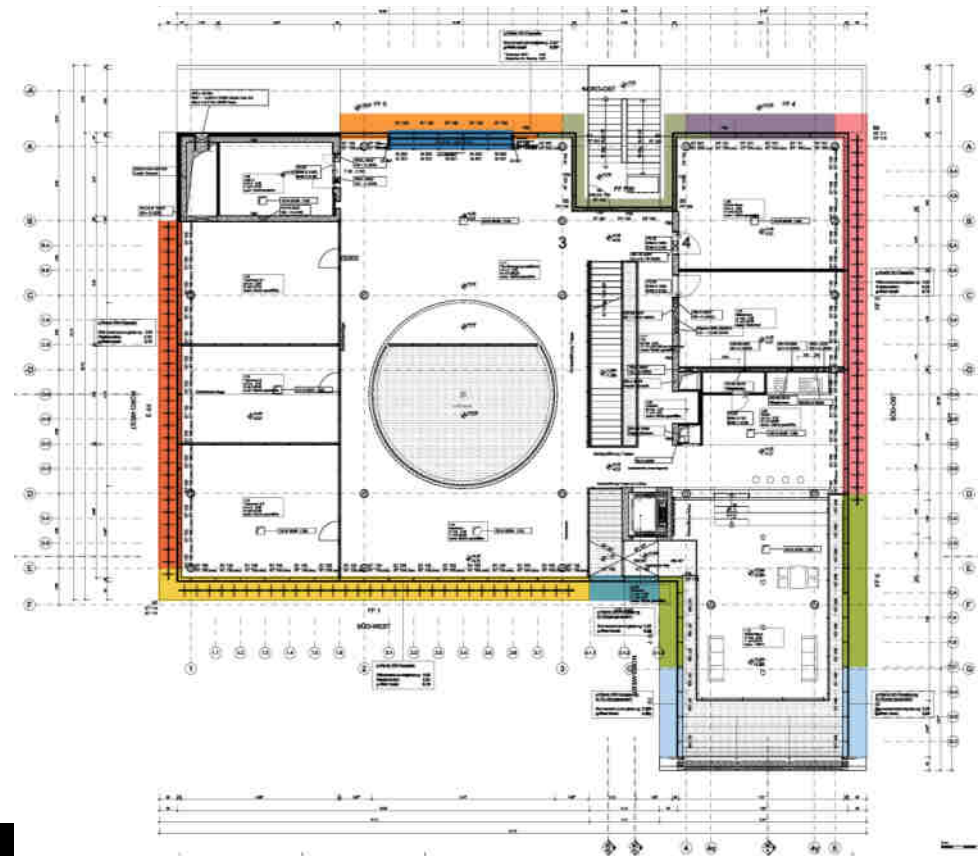
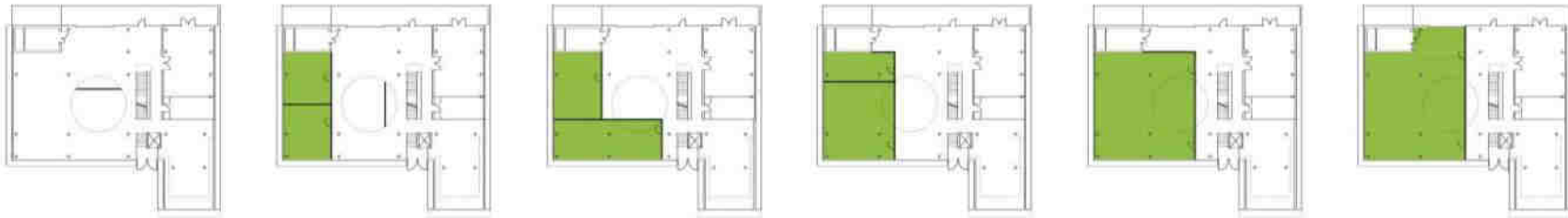
SILVER  
DGNB



# Energy Efficiency in Practice



## Projekthaus MeTeOr, TU Chemnitz



# Energy Efficiency in Practice



Projekthaus MeTeOr, TU Chemnitz

Energy Efficiency

Thermal Comfort

Daylight

Air Tightness



Room Acoustics

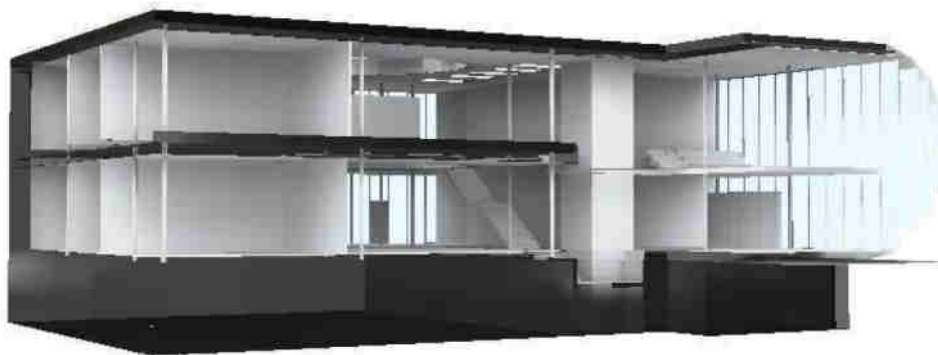
Noise Protection

# Energy Efficiency in Practice

Projekthaus MeTeOr, TU Chemnitz



## Daylight

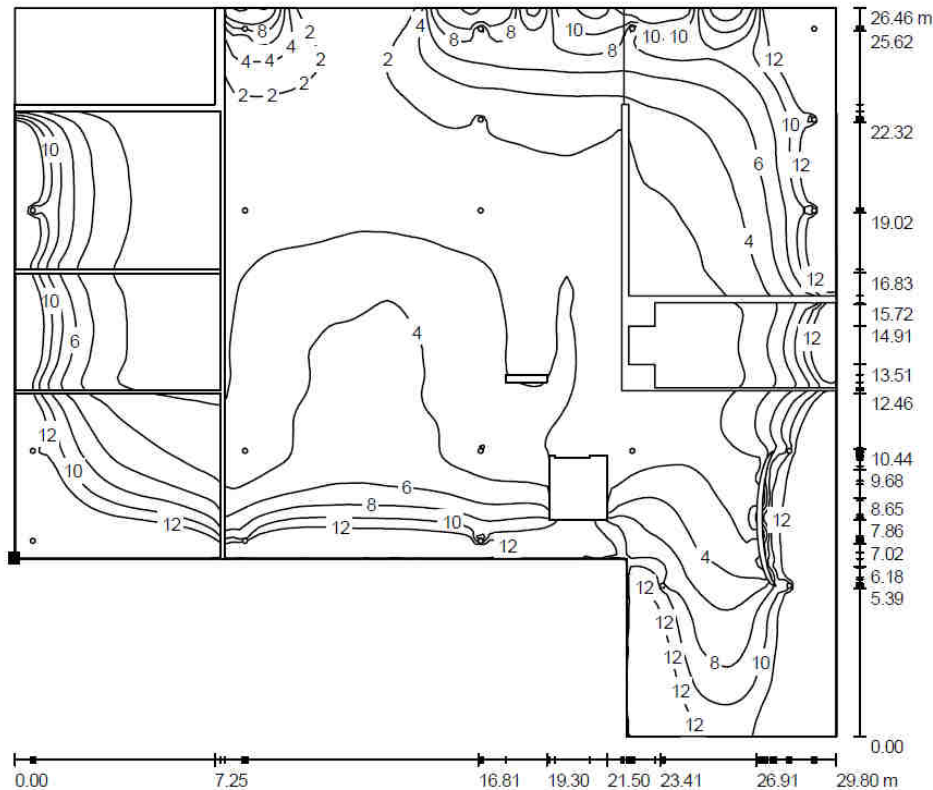


# Energy Efficiency in Practice



## Projekthaus MeTeOr, TU Chemnitz

### Daylight



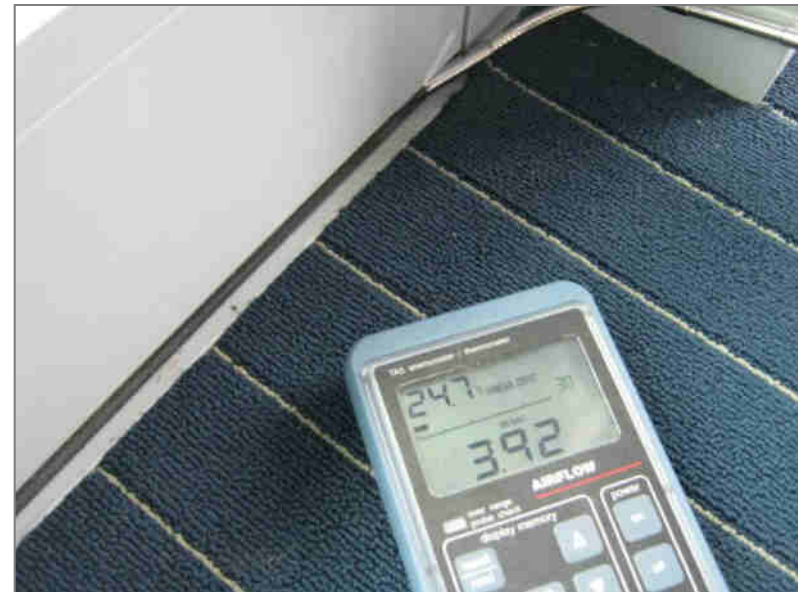
Results:  
average Daylight Factor  
> 5

# Energy Efficiency in Practice



Projekthaus MeTeOr, TU Chemnitz

## Air Tightness



# Energy Efficiency in Practice



Projekthaus MeTeOr, TU Chemnitz

## Air Tightness

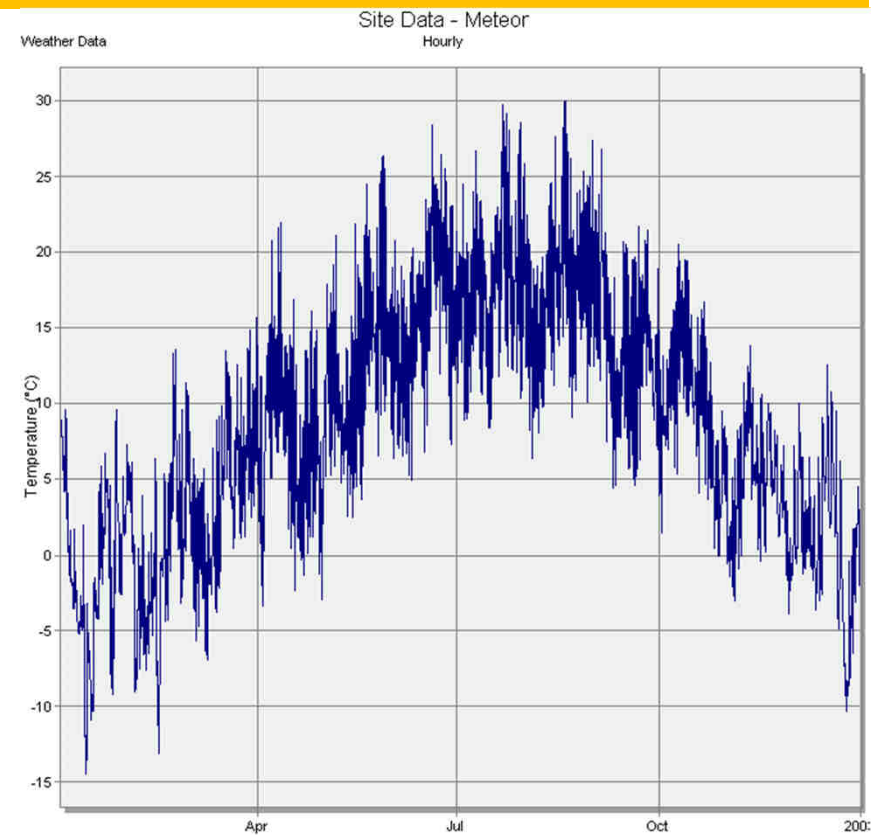
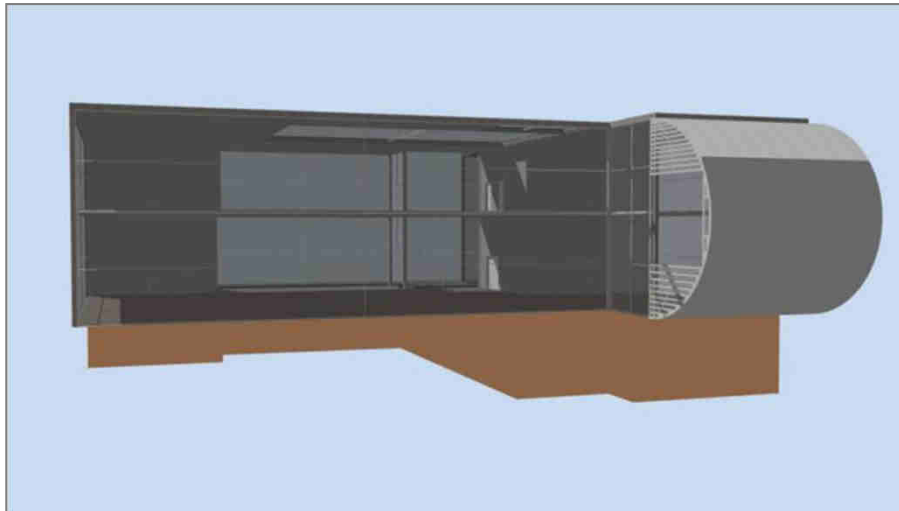


# Energy Efficiency in Practice



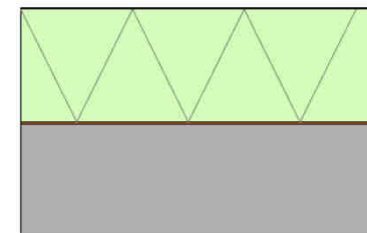
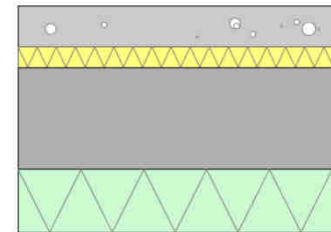
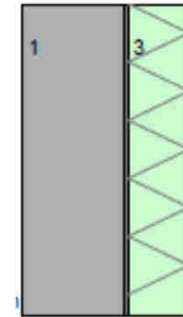
Projekthaus MeTeOr, TU Chemnitz

## Thermal Comfort



### Energy Efficiency - Envelope

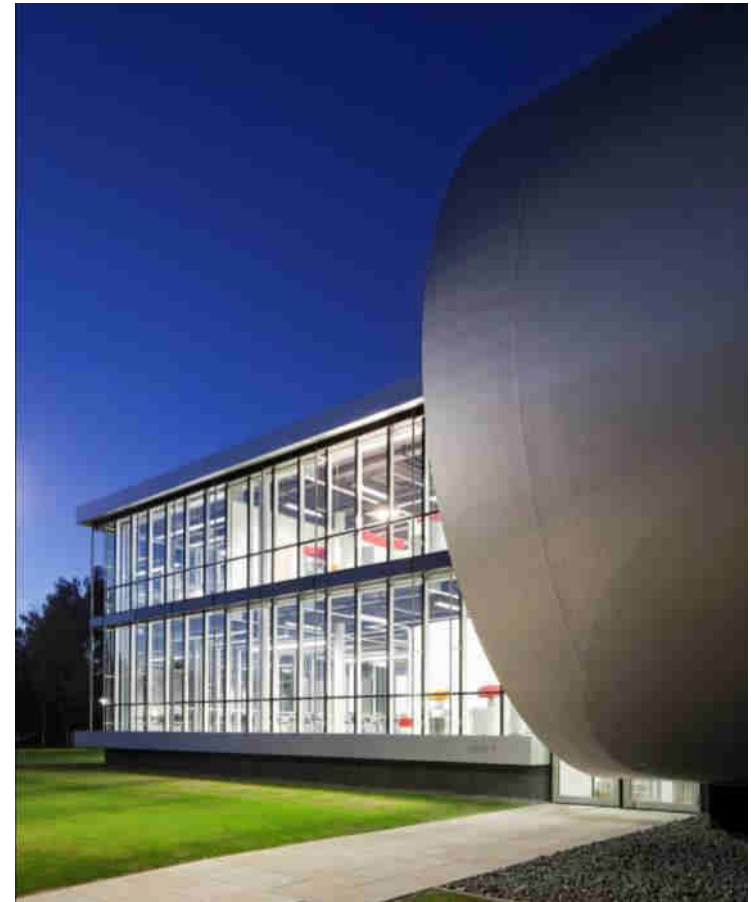
- External Walls:  
Concrete with 15 cm thermal insulation ( $\lambda = 0,035\text{W/mK}$ )
- External walls against soil:  
Concrete with 12 cm thermal insulation ( $\lambda = 0,035\text{W/mK}$ )
- Baseplate:  
Screed with impact sound insulation on concrete with insulation
- Roof:  
Concrete with vapor barrier, 20 cm insulation
- Windows:  
Double glazing,  $U_w 1,3 \text{ W/m}^2\text{K}$



## Projekthaus MeTeOr, TU Chemnitz

### Energy Efficiency – HVAC systems

- Floor heating system
- District heating system
- Mechanical Ventilation System
  - Heat Recovery  $\geq 75 \%$
  - adiabatic cooling
  - air exchange rate  $\approx 1 / \text{h}$ ,
  - Cooling of the supply air to  $22,5 \text{ }^{\circ}\text{C}$



# Energy Efficiency in Practice




## Energy Efficiency – Energy Certificate

**ENERGIEAUSWEIS**  
 für Nichtwohngebäude  
 gemäß den §§ 16 ff. Energieeinsparverordnung (EnEV)

Gültig bis: 18.02.2021
 Aushang

**Gebäude**

Hauptnutzung/ Gebäudekategorie	Projekthaus
Sonderzone(n)	
Adresse	Erfenschlager Straße 73, 09125 Chemnitz
Gebäudedetail	Neubau Projekthaus METEOR
Baujahr Gebäude	2010
Baujahr Wärmeerzeuger	2010
Baujahr Klimaanlage	2010
Nettogrundfläche	1.175 m²



**Primärenergiebedarf „Gesamtenergieeffizienz“**

Dieses Gebäude: **130 kWh/(m²·a)**

EnEV-Anforderungswert  
 Neubau: 100 kWh/(m²·a)

EnEV-Anforderungswert  
 Bestandsgebäude: 120 kWh/(m²·a)


**Aufteilung Energiebedarf**

Nutzenergie	Endenergie	Primärenergie "Gesamtenergieeffizienz"
-------------	------------	---

Kühlung, mechanische Belüftung  
 Lüftung  
 Eingebaute Beleuchtung  
 Warmwasser  
 Heizenergie

Aussteller:  
 Dr.-Ing. Saad Baradiy  
 Iproplan Planungsgesellschaft mbH  
 Bernhardstraße 68  
 09126 Chemnitz

Datum: 21.02.2011



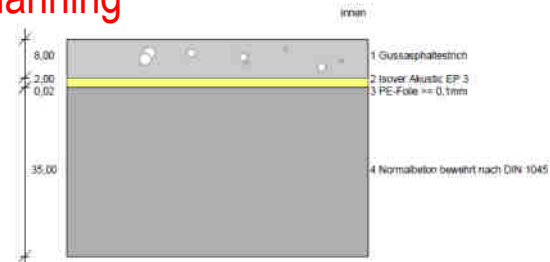
# Energy Efficiency in Practice

Projekthaus MeTeOr, TU Chemnitz



## Noise Protection

### Planning



#### Einfluss flankierender Bauteile

flankierende Bauteile	$m'_{L,i}$ [kg/m²]
1 Glasfassade	412
2 Glasfassade	412
3 massive Wand	664
4 GK-Montagewand	biegeweich

$$m'_{L,Mittel} = 1/n \sum m'_{L,i} = 496 \text{ kg/m}^2$$

2 dB Zuschlag bei  $m'_{L,Mittel}$  ca. 400 kg/m² oder mehr (Tab.13)

1 dB Korrektur  $K_{L,2}$  für ein flankierendes, biegeweiches Bauteil (Tab.15)

$$\text{vorh } R'_{w,R} = 59 + 2 + 1 = 62 \text{ dB}$$

#### Ermittlung des bewerteten Norm-Trittschallpegels $L'_{n,w,R}$ (DIN 4109)

$$\text{vorh } L'_{n,w,R} = 69 - 20 = 49 \text{ dB (DIN 4109, Bbl.1, Tab.16/17/18)}$$

20 dB  $\Delta L_{w,R}$  durch Gussasphaltestrich nach Tab.17-1, Dämmschicht 50 MN/m³

#### Anforderungen an die Luft- und Trittschalldämmung

DIN 4109 Bbl.2, Empfehlungen für normalen (erhöhten) Schallschutz im eigenen Arbeitsbereich DIN 4109 Bbl.2 Decken, Treppen, Decken über Fluren in Büro- und Verwaltungsgebäuden

$$\text{erf } R'_w \geq 52 \text{ (55) dB}$$

$$\text{erf } L'_{n,w} \leq 53 \text{ (45) dB}$$

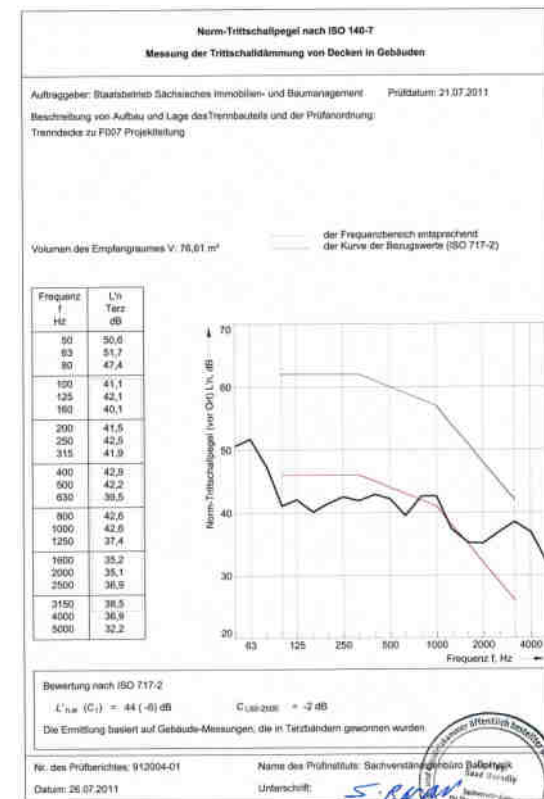
#### Nachweis

$$\text{vorh } R'_{w,R} = 62 \text{ dB} \geq 52 \text{ dB} = \text{erf } R'_w \text{ Konstruktion erfüllt DIN 4109}$$

$$\text{vorh } L'_{n,w,R} = 49 + 2 = 51 \text{ dB} \leq 53 = \text{erf } L'_{n,w} \text{ erfüllt DIN 4109}$$

2 dB Korrektur / Vorhaltemaß nach Abschnitt 4.1.1, DIN 4109 Bbl.1

### Verification



# Energy Efficiency in Practice - Implementation



Projekthaus MeTeOr, TU Chemnitz

## Noise Protection

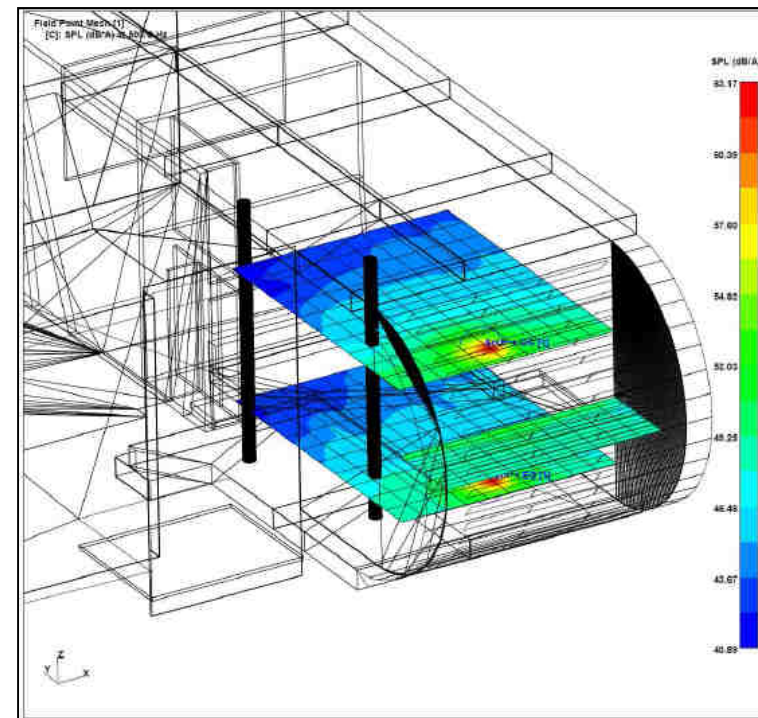
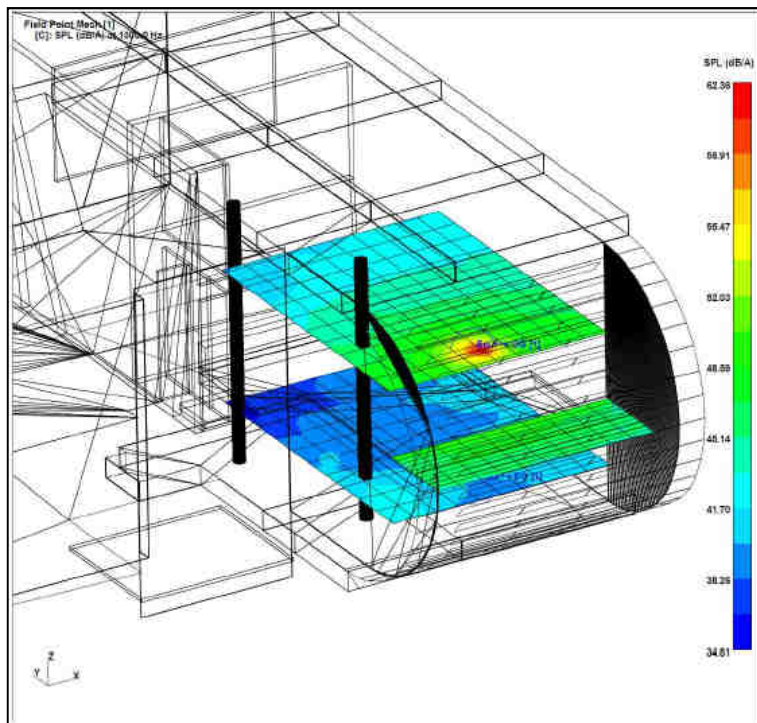


# Energy Efficiency in Practice - Simulation



Projekthaus MeTeOr, TU Chemnitz

## Architectural Acoustic - Room Acoustics

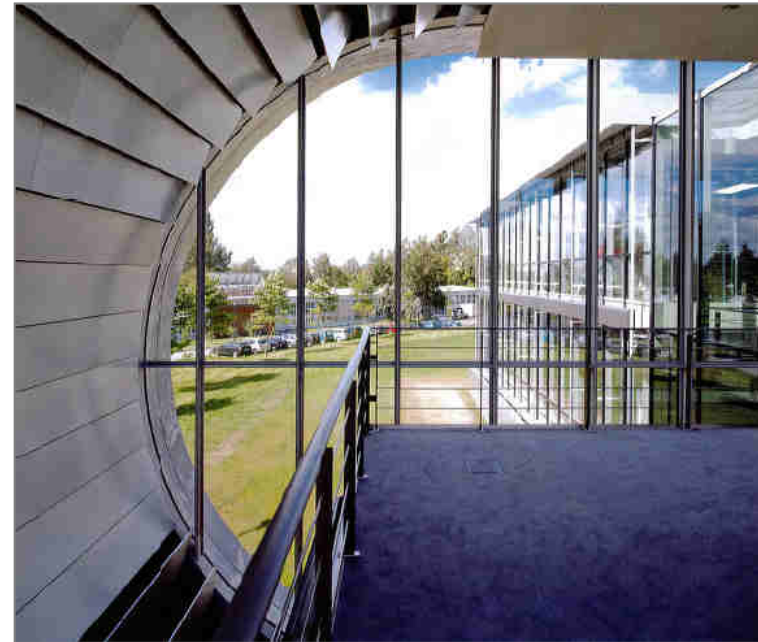


# Energy Efficiency in Practice - Implementation



Projekthaus MeTeOr, TU Chemnitz

## Architectural Acoustic - Room Acoustics



# Energy Efficiency in Practice - Implementation

DGNB

Projekthaus MeTeOr, TU Chemnitz



**EE**

## Energy Efficiency & Sustainability in Planning Practice

**a**

iproplan® - Who we are

**b**

iproplan® - Our services

**c**

**State of technology in Germany**

# Evolution of Energy Efficiency for buildings



## Sustainability as further task of building physics

Energy Crisis 1973

EnEG 1976

heating system- /  
thermal Insulation  
regulation



EnEV since 2002

EU-Guideline GEEG 2002

Energy balance / DIN V 18599

DGNB  
(LEED et. al.)

2007 ~

**Heat Insulation**

**Energetic Building  
Assessment - EBA  
(Energy Efficiency  
Assessment - EEA)**

**Green Buildings + „\$“  
Sustainable Buildings**

Building isolation

Measuring methods,  
survey

Selection of components

Formulation of user profiles

Input/output consideration of  
heating and cooling systems  
(Primary and final energy)

**Life Cycle Assessment  
LCA**

**Life Cycle Cost  
LCC**

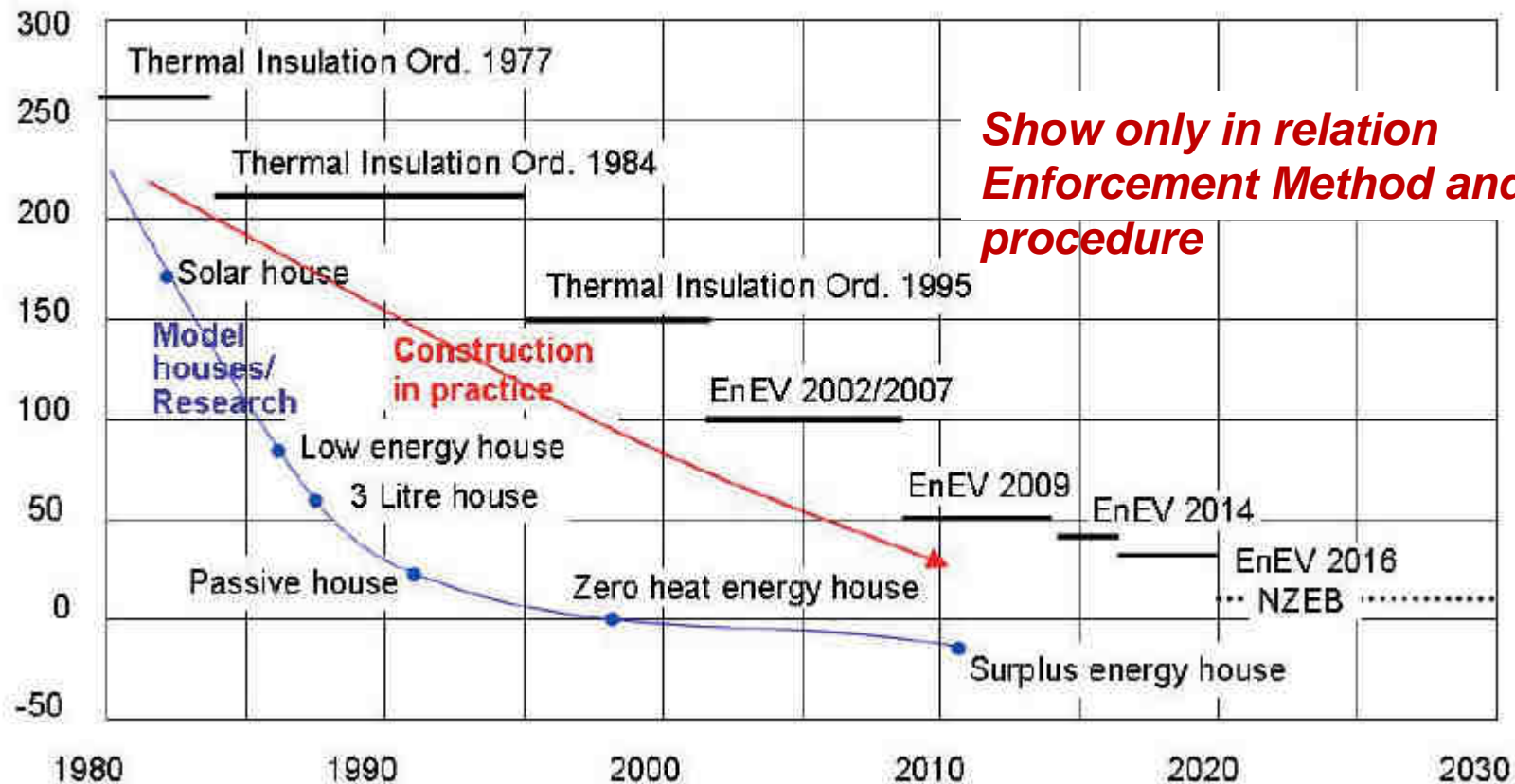
**Use of renewable forms  
of energy**

# Evolution of Energy Efficiency for buildings

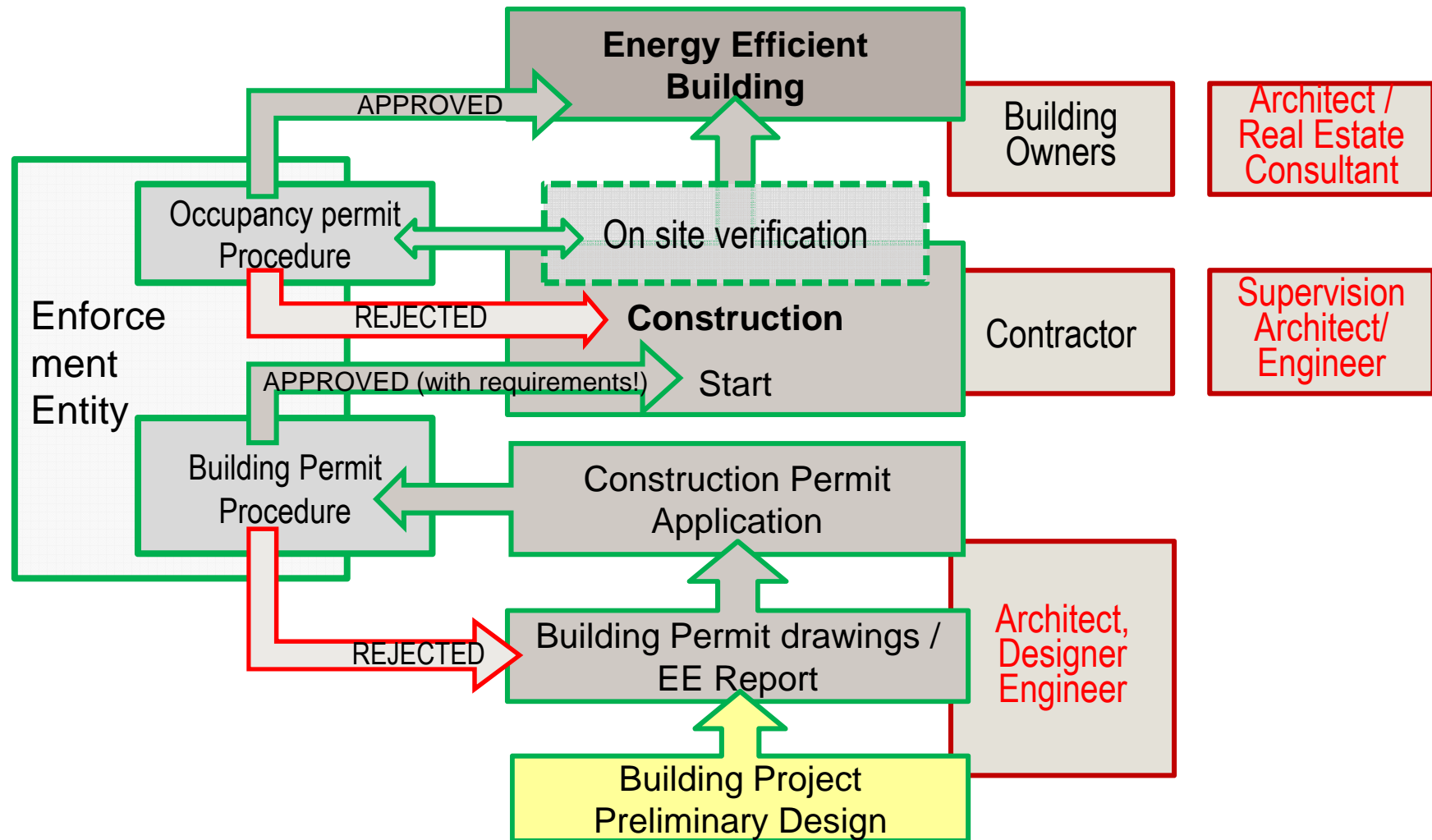


## Evolution of Primary energy requirement

Evolution of the primary energy requirement for heating in kWh/(m<sup>2</sup>·y)



# EE Enforcement Process



# Technical Requirements in South East Asia (tropical climate)



Some Differences in design direction: Europe vs South-East Asia

	Architecture (Holistic design)	HVAC	Thermal Insulation	Glasing
<b>Tropical climate</b> <i>(South-East Asia)</i>	Open structure, Natural Ventilation, Shadowing	Cooling, Ventilation, (Aircon)	To minimize Cooling	Solar protective glass
<b>Moderate Climate</b> <i>(Europe)</i>	Compact structure, Air tightness (blower door)	Heating, Comfort, (Aircon)	To minimize Heating	Thermo insulated glass

## Solutions of **Architecture** to protect from **overheating** (saving Energy for cooling):

- Shadowing / appropriate Orientation
- Ventilation Natural / Mechanical
- Thermal insulation to reduce Heat Impact  
(to reduce Energy for Cooling)
- Non-insulated heavy construction materials  
(„*Speichermassen*“ - in shadow areas, for Day/Night balance)
- Greening / water bodies etc

## Thermo insulation

- in moderate climate:
  - to protect from „cooling down“
  - > **Saving Energy for Heating**
  - inside: warm, humid – outside: cold
- in tropical climate:
  - to protect from „overheating“
  - > **Saving Energy for Cooling**
  - inside: moderate – outside: warm, humid

Thus, in **tropical climate** the

- Function of **thermo insulation**
- Process of **humidity transmission**
- Arrangement of **vapour barriers**
- Construction issues of **cold bridges**
- Occurance of **bacteria, mould**

are **reverse** compared to moderate climate

# Thank you for your attention

Dipl.-Eng. Architect  
Thomas Gross

---

*full of fresh* ideas





**iproplan<sup>®</sup>**

**Planungsgesellschaft mbH**

Beratende Ingenieure und Architekten

Bernhardstraße 68  
D-09126 Chemnitz, Germany

Tel.: +49 (0) 371 / 52 65-506

Fax: +49 (0) 371 / 52 65-556

E-Mail: [dr.baradiy.saad@iproplan.de](mailto:dr.baradiy.saad@iproplan.de)

Web: [www.iproplan.de](http://www.iproplan.de)

---

*full of fresh* ideas

